Pet Loss Support Groups, Hotlines, and Resources:

Groups:

* Cumberland Valley Veterinary Clinic Pet Loss Support Group: RSVP at 1-301-739-3121 and ask to speak with Anne or Faucet. Bereavement support services offered free of charge. See website: <https://cumberlandvalleyvets.com/events/> for dates and times.
* Michigan State University Small Animal Support Group (remote). Meets via Zoom the second and fourth Thursdays of every month from 6:30pm-7:30pm. Does not meet the fourth Thursday of November and December. See website: <https://cvm.msu.edu/hospital/services/social-work/pet-loss-support-group> for information on how to attend via Zoom.
* Chicago VMA Veterinarians and Staff. Meets first Wednesday of every month from 7:30pm-9pm via Zoom. See website: <https://www.chicagovma.org/pet-loss-support> for information on how to attend via Zoom.

Hotlines:

* Nikki Hospice for Pets Foundation (NHFP) Rossmore House Pet Loss Support Hotline: 1-707-557-8595. Callers are invited to leave a brief and clear message that includes your full name and phone number if no one answers. Calls are returned as quickly as possible; usually within 72 hours.
* Pet Compassion Careline: 1-855-245-8214. 24/7 grief support for all who have lost a pet.
* QPR Institute for suicide prevention:
  + 1-800-273-TALK (8255)
  + 1-800-SUICIDE (784-2433)

Resources (websites and memorialization):

* [www.lapoflove.com](http://www.lapoflove.com)
  + **Quality of life assessments, pet information resources, testimonials, and memorialization.**
* [www.vetsocialwork.utk.edu](http://www.vetsocialwork.utk.edu)
  + **University of Tennessee Veterinary Social Work website with information about upcoming pet loss support groups and events.**
* [www.pet-loss.net](http://www.pet-loss.net)
  + Pet Loss Support Page by Moira Anderson, M. Ed. **Provides information and links to other sites with memorial ideas as well as pet loss support groups and counselors listed by state.**
* [www.perfectmemorials.com](http://www.perfectmemorials.com)
  + **Memorial ideas for animals (and humans).**
* <http://artfulashes.com/memorials/>
  + **“Your loved one’s ashes memorialized in glass art.”**
* [**https://www.mypetsies.com/life-after-your-pet/**](https://www.mypetsies.com/life-after-your-pet/)
  + **Pet look-a-like products, including pillows, socks, keychains, etc.**

Pet Loss Books and Resource List

Pet Loss Books for Adults:

* Anderson, M. (1994). *Coping With Sorrow on the Loss of Your Pet. 2nd* Edition. Loveland: Alpine Publications.
* Dolan-Del Vecchio, K. & Saxton-Lopez, N. (2013). *The Pet Loss Companion: Healing Advice from Family Therapists Who Lead Pet Loss Support Groups.* North Charleston: CreateSpace Independent Publishing Platform.
* Friedman, R. James, C. & James, J. W. (2014). *The Grief Recovery Handbook for Pet Loss.* Lanham: Taylor Trade Publishing.
* Wolfelt, A. D. (2004). *When Your Pet Dies: A Guide to Mourning, Remembering and Healing.* Fort Collins: Companion Press.

Pet Loss Books for Children:

* Demas, C. & Hoyt, A. (2004). *Saying Goodbye to Lulu.* Little, Brown Books for Young Readers. **After her dog dies, a little girl grieves but continues her life (ages 3-8).**
* Kramer, J. (2001). *A Gift from Rex: Guiding Children through Life and Loss.* Edina: Beaver’s Pond Press, Inc. **Suggestions on how to facilitate a child’s feelings while providing counsel to adults who are also grieving.**
* Raeside, A. (2012). *The Rainbow Bridge: A Visit to Pet Paradise.* Harbor Publishing Co. Ltd. **A wonderful fable of where pets go to wait until they are reunited with their humans and go to heaven (ages 7-12).**
* Rogers, F. (1988). *When a Pet Dies.* New York: Family Communications, Inc. **Talks to children about a pet dying (ages 3-9).**
* Viorst, J. (1971). *The Tenth Good Thing about Barney.* New York: Aladdin Paperbacks. **When Barney, the cat, dies the family holds a funeral to remember him (ages 6-9).**
* Walsh, B (2011). *Sammy in the Sky.* Somerville: Candlewick Press. **When Sammy, the hound dog’s life is cut short by illness, the girl’s family keeps his spirit alive (ages 4-12).**
* Wilhelm, H. (1985). *I’ll Always Love You.* New York: Dragonfly Books. **Death of an old pet dog, Elfie (ages 3-7).**

Other Books for Children and Adults:

* Grollman, E. A. (2011). *Talking about Death: A Dialogue between Parent and Child.* Boston: Beacon Press.
* Leeuwenburgh, E. & Goldring, E. (2008). *Why Did You Die? Activities to Help Children Cope With Grief and Loss.* Raincoast Books.
* Nieburg, H. A. & Fischer, A. (1996). *Pet Loss: Thoughtful Guide for Adults and Children.* Harper Perennial.